

Bish is your go-to spray when tension strikes and you're craving a little extra calm.

Infused with soothing organic essential oils and magnesium, it's designed for those moments when you're feeling a bit 'bishy' and need a quick, refreshing lift. Spray onto areas where you're seeking comfort and relaxation and let the good vibes take over, because with BISH, you're always in control.

Directions

Shake well before use. Spray 3 to 5 sprays directly onto areas where you experience tension or need a refreshing boost, 2-3 times per day when needed. For best results, spray onto the desired area and gently massage into the skin. This helps improve absorption and minimises any white residue from the magnesium.

Warnings: For external use only. Avoid nose, eyes, ears, mouth. Keep out of reach of children. Not for use in pregnancy or breastfeeding. Consult your doctor prior if you have a health condition. Store below 25 degrees in a cool, dry place away from sunlight.

Ingredients

Magnesium Chloride, Aqua (Water), Polyglyceryl-10 Laurate, Leuconostoc/Radish Root Ferment Filtrate, Lactobacillus & Cocos Nucifera (Coconut) Fruit Extract, Anthemis Nobilis (Chamomile) Flower Oil*, Pelargonium Graveolens (Geranium) Flower/Leaf/Stem Extract*, Salvia Sclarea (Clary) Oil*, Lavandula Angustifolia (Lavender) Oil*, Citrus Aurantium Dulcis (Orange) Peel Oil*, Mentha Piperita (Peppermint Oil), Rosmarinus Officinalis (Rosemary) Leaf Oil, *Denotes Organic Ingredients